

Freshers' 2022 Welcome Pack





AMSA ENGLAND

ASIAN MEDICAL STUDENTS' ASSOCIATION

A REPRESENTATIVE ORGANISATION FOR MEDICAL STUDENTS FROM
ACROSS ASIA, THE ASIA-PACIFIC AND BEYOND.

ABOUT US

FIRST ESTABLISHED IN 1985, THERE ARE NOW 24 MEMBER CHAPTERS IN ASIA AND OCEANIA, INCLUDING AUSTRALIA, HONG KONG, JAPAN, KOREA, MALAYSIA, SINGAPORE, TAIWAN AND THAILAND. THE UK CHAPTER OF AMSA WAS ESTABLISHED IN 2006 AND COMPRISES OF MEMBERS FROM UNIVERSITIES THROUGHOUT LONDON AND UK. WE OFFER OPPORTUNITIES TO TAKE PART IN STUDENT-LED RESEARCH, MENTORING-ACADEMIC SCHEMES AND SOCIAL EVENTS TO MEET OTHER MEDICAL STUDENTS.

AMSC

ASIAN MEDICAL STUDENTS' CONFERENCE

A WEEKLONG CONFERENCE HELD IN MIDYEAR, HOSTED BY A LOCAL AMSA CHAPTER. PAST CONFERENCE LOCATIONS HAVE INCLUDED KOREA (2022) AND SINGAPORE (2019).



AMSEP

ASIAN MEDICAL STUDENTS' EXCHANGE PROGRAMME

PARTICIPANTS HAVE THE OPPORTUNITY TO HOST AMSA MEMBERS FROM ANOTHER AMSA CHAPTER. DURING THE SUMMER, PARTICIPANTS CAN THEN SPEND A WEEK ABROAD TO VISIT THE AMSA CHAPTER THEY HAVE HOSTED.

ACADEMIC EVENTS

OSCE AND CPA PRACTICE, HISTORY TAKING,
TUTORIALS, CRASH COURSES
TO HELP YOU ACE THOSE EXAMS!



SOCIAL EVENTS

- AMSA 'EXPLAINED'
- AMSA LUNAR NEW YEAR DINNER
- AMSA CHRISTMAS DINNER
- PUB QUIZZES, PICNICS, BOWLING

AND MORE!

CONTACT US ON:



AMSA-UK



[HTTPS://WWW.AMSAUK.CO.UK/](https://www.amsauk.co.uk/)



AMSA-ENGLAND



UK.AMSA@GMAIL.COM



ICSM Badminton

COMPETITIVE



4 COMPETITIVE TEAMS

- Men's x2 (BUCS Division 2 & 3)
- Women's x1 (BUCS Division 3)
- Mixed x1 (LUSL Intermediate)



SUNDAY TRAINING

- Technical skills
- Physical training
- Skills

WEEKLY MATCHES

- BUCS league games
- Knockout cup games
- Varsity (vs Imperial)

TEAM TRIALS!!!

**Sunday 9th Oct
9-11am at Ethos
ANY ABILITIES
WELCOME**

TUESDAY COACHING

- External coach
- Targeted for Wednesday matches



Join the group on
WhatsApp!!



icsmbdmt@ic.ac.uk



[@icsmbadminton](https://www.instagram.com/icsmbadminton)



ICSM Badminton



SOCIAL

We are the most inclusive ICSM club!!!

We are made up of medics and non-medics throughout the club and committee, so you can meet all kinds of awesome people

WEEKLY SOCIAL SESSIONS

- Just for FUN!
- All abilities welcome, even beginners
- Mondays 6-8pm, Tuesday 4-6pm at Ethos



FUN SOCIAL SESSIONS

- The BEST ICSM and ICU events!
- Bowling, karaoke, sports nights
- House crawls, parties



COACHING SESSIONS

- For those looking to improve
- Training led by team members
- Pathway into competitive...



Join the
group on
WhatsApp!!



NEW YEAR TOUR!!!

Amsterdam + Enschede

Friendly 3 day tournament

HUGE New Year celebration



icsmbdmt@ic.ac.uk



@icsmbadminton

CLINICAL GENETICS SOCIETY



FOUNDED IN JUNE 2017, CLINICAL GENETICS SOCIETY IS ONE OF THE MOST RAPIDLY GROWING SOCIETIES AT IMPERIAL WITH OVER 250 MEMBERS LAST YEAR. WE ARE FOCUSED ON INCREASING AWARENESS OF ONE OF THE NEWEST FIELDS OF MEDICINE: GENETICS AND GENOMICS

AIMS AND EVENTS

- **SUPPORT** OUR MEMBERS IN FINDING GREAT **RESEARCH OPPORTUNITIES**
- **INCREASE NETWORKING OPPORTUNITIES** BETWEEN STUDENTS, RESEARCHERS AND CLINICIANS IN THE FIELD OF GENETICS
- **FUNDRAISERS, SOCIALS AND MORE!**

- **CPA (YEAR 2) AND OSCE (YEAR 3) TUTORING SCHEME** - HELPS PREPARE STUDENTS FOR MEDICAL SCHOOL EXAMS
- **JOURNAL CLUB/ACADEMIC SKILLS SESSIONS** TO HELP BOOST YOUR CV
- **HOW TO CHOOSE YOUR BSC GUIDE**

To find out more about our society, scan this QR code to access our LinkTree. We look forward to meeting you!



IMPERIAL MEDICALS CRICKET CLUB

Come and join the best cricket club at Imperial!

Training



Throughout the winter, we keep on our toes with weekly nets at the Oval, then progressing to outdoor fielding and net sessions, all at a discounted rate for members.

Matches

With two mens' teams, and a combined Imperial womens' team, there is plenty of cricket on offer each summer!

The mens' 1s play in the prestigious UH Cup, the highest standard of university cricket in London, while the 2s play in the BUCS and LUSL leagues, and the women have plenty of indoor and outdoor games throughout the season, meaning that there is a place for you, no matter what level you wish to play at.



Socials

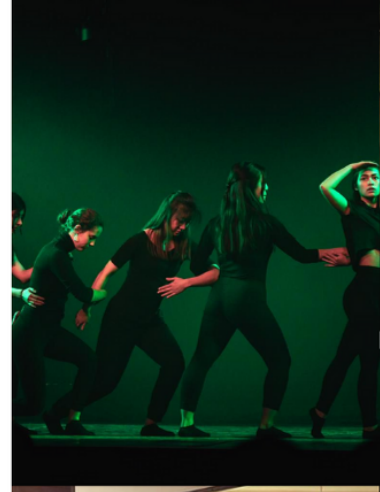


As one of the fastest growing clubs in the university, there is a lot to offer off the pitch as well.

Last year saw weekly sports nights at the Reynolds' bar, for the first time in the clubs history, as well as our hugely successful Cricket dinner in February, before finishing off the season with our annual Presidents' Day and Devon tour. There is all this and more to come in the next year so make sure you don't miss out!



Don't forget to fill in our interest form!



affordable classes for all
learn new skills



ICSM DANCE
presents...

socials every week
competitions
meet amazing people!






ICSMDance 

ICSM Dance 

icsm.dance 

ICSM_dance 

So why join ICSM Dance??

Whether this is your first time dancing or a lifelong passion, there is something for everyone at ICSM dance! With **professional teachers** by your side and incredibly supportive club members you're bound to have a great time!

Classes you can join!

- **Commercial** (learn how to pop and lock!)
- **Ballet** (perfect that posture!)
- **Heels** (channel your inner Beyonce!)
- **Beginners Contemporary** (move whatever feels right!)
- **Intermediate contemporary** (oohh, hell yeah you're ready for this class!)



DERMATOLOGY SOCIETY



Welcome to Dermatology Society!!! We're a **student lead** society focussing on **education** about skin and **future careers** in the field. Have a look at all the exciting things we have planned for the year!



EVENTS

We have a **wide variety of events planned** for the upcoming year!

- Academic tutorials and support
- 'My Skin and I' talk
- Careers in Dermatology talk
- Dermatology in different skin colours and types talk
- Fundraisers - British Skin Foundation



SOCIAL MEDIA

Keep up to date with our events by following our social media!



Instagram: icsmdermsoc



Facebook: icdermsoc



Twitter: ICSMDermSoc



Scan the QR code to **join our mailing list** and get **FREE membership** to Dermatology Society!!



SCAN ME



icsm drama

DON'T MISS OUT ON OUR EVENTS!

4th October

FRESHER'S FAIR

(look out for the blue glitter)

@SouthKensington campus - COME FIND OUR STALL!!!

9th October

Drama does Quidditch!!!

(basically quadball with broom sticks)

10th October

@4:30pm

Tech Team Meet & Greet

at Union Bar (Beit Quad.) Find out how our super amazing group of tech experts bring our plays to life!

12th October

@2:00pm

Pre-Fulham Palace Run Picnic @Prince's Gardens
+ end the night in HEAVEN (nightclub)

5th October 1-5pm

8th October 3-5pm

10th October 5-8pm

Fresher's Plays Auditions

These are low-commitment, lowkey short plays that will give you a great taste of what the drama family is all about!

2nd -4th October

13th - 15th October

Autumn Play Auditions

Our main play of the year! Performed at Union Concert hall and accompanied by PLAY WEEK with crazy fun SOCIALS. You're basically signing up to join us forever, jk. But you will have fun. WE PROMISE.

**WE LOOK FORWARD TO WELCOMING
YOU INTO THE DRAMA FAMILY <3**



@icsmdrama



ICSM Drama We're on Society!

Society



ICSM GERIATRICS AND ELDERLY MEDICINE SOCIETY

INSTA: ICSM_GEMS

FACEBOOK:

EMAIL:



WHAT IS GERIATRIC MEDICINE?

Geriatrics & Elderly Medicine focuses on delivering care to the elderly in various settings, including hospitals, care homes and GPs.

WHO ARE WE?

We are a student-led society at Imperial College London (free membership to join!). We run a range of activities throughout the year to give an insight into elderly care:

01

WIDEN CAREER NETWORKING

We offer career talks and research opportunities

02

ACADEMIC SUPPORT

Check out our insta where you will find fortnight questions to test your knowledge throughout the year, to help prep for your exams! Additionally, we offer tutorials and talks to help all years in medicine.

03

VOLUNTEERING

Loved your volunteering for medical school application? We have opportunities to volunteer at a local care home and continue it during medical school!

Follow us on social media and make sure to meet us at our Fresher's Fair stall on Tuesday 4th October! We can't wait to see you all :)

FOR FREE MEMBERSHIP:



<https://www.imperialcollegeunion.org/activities/a-to-z/geriatrics-and-elderly-medicine>

IMPERIAL COLLEGE

GP SOCIETY



Want to find out more about life in General Practice?
Look no further!

Upcoming Events:

- General Practice Conference
- Academic tutorials
- Mock clinical exams
- Networking opportunities
- Improving teaching skills
- Lifestyle medicine and health coaching talks
- Volunteering opportunities



*Scan this to sign-up
to our mailing list!*

We look forward to meeting
you at Fresher's Fair!



@ImperialcollegeGPS



@imperialgpsoc



@imperialgpsoc



INFECTIOUS DISEASES SOCIETY IDSoc



EVENTS NOT TO MISS!

Academic

- Year 1 Tutorial + Mock
- Year 3 Tutorial + Mock
- Year 5 Microbiology Focused Path Mock
- Tutorial Series for Final Years: Infection4Finals
- Speaker events: Clinical, Research, Tech Focused
- Access to National Conferences

Fundraiser

- Fun Runs
- Bake Sales
- Film Screenings
- Quiz nights

Why Infectious Diseases Society



We focus on spreading awareness of infectious diseases and the role they play locally and on a global scale.



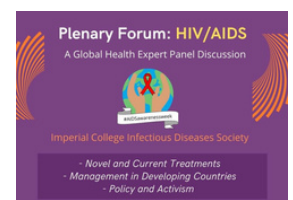
We offer a variety of benefits to our members, including access to revision materials for exam time, small-group tutorials and general support.



We support students in furthering their interest & understanding of the field.



As a member you'll be able to attend our conferences and partner conferences, talks and workshops from world leaders in the global health and infectious disease fields at a discounted price.



Imperial College London -
Infectious Diseases Society



@icsm.idsoc



infds@ic.ac.uk



SCAN ME



Plastic, Reconstructive & Aesthetic Surgery Society (iPRAS)

iPRAS aims to inspire, advise and promote better understanding of plastic and reconstructive surgery among medical students



The Year Ahead ...

SUBCOMMITTEE APPLICATIONS

OCTOBER

Don't miss this exciting opportunity to join the iPRAS team and get more involved in all things plastic surgery related.

MICROSURGERY CONFERENCE

JANUARY

The return of the only student-led microsurgery conference in the UK - if you're interested in microsurgery, this is not one to miss!

FRESHERS' FAIR

OCTOBER

Come meet us in Sir Alexander Fleming Building to find out more about iPRAS

EMERGENCIES IN PLASTICS CONFERENCE

NOVEMBER

Hope to see you at our first conference of the year. Learn more about plastic surgery emergencies, such as burns & trauma.

RECONSTRUCTING THE STEREOTYPE CONFERENCE

MARCH

Join us for our flagship conference! A weekend of practical workshops and lectures given by world-renowned plastic surgeons



@ICPLASTICSURG



@ICPLASTICSURG



@ICPLASTICSURGERYSOC



PLASTICSURGERY@IC.AC.UK

Jiu Jitsu (Aiuchi)

- Learn a martial art with a focus on throws, joint manipulation, and groundwork

- Train twice a week

- 3 free taster sessions!

- Open to everyone, most members aren't medics!

- Socials after every session

- Meet people from across the UK through the Aiuchi Jiu Jitsu Association

For more info, go to:

imperialcollegeunion.org/activities/a-to-z/jiu-jitsu-aiuchi or

www.aiuchi.co.uk

or email us at medics.jitsu@imperial.ac.uk

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術



ICS M Ladies Hockey



FRESHERS

FRESHER FUN DAY - Wednesday 5th October

Never played hockey before? Played for England? Whether you're a complete beginner or pro player, join us for a fun afternoon of mini games and dress up then head over to Reynold's for our first sports night!

I'M A CC - Friday 7th October

Get to know our fabulous club captain better in an evening of crazy challenges and games!

FRESHTIVAL - Sunday 10th October

Come over to the Imperial sports ground to see where we play and participate in a bunch of activities (plus some great food!)

FIRST MATCHES & FPR RUN - Wednesday 12th October

The beginning of BUCS followed by a big London pub crawl - what's not to like?

FIRST SATURDAY MATCH - Saturday 15th October

Our sat matches are mixed ability and **all** the vibes = **BEST** start to the weekend!



FIXTURES & TRAINING

TRAINING - Mondays, 5:45-7:15

We train every week at Barnes and it is for **all abilities!**

FIXTURES

We have 3 teams who all have matches **every Wednesday** (and sometimes Sunday too) so get ready to give your competitive hockey side a try!

We also have games **every Saturday** in our mixed ability team - it's all about the vibes and just having a fun game of hockey, followed by yummy teas and lots of socialising!!

SOCIALS

SPORTS NIGHT - every Wednesday night

Celebrate the results of our Wednesday matches in a night of games, crazy costumes and a cheeky boogie to end!

Other socials include:

- Oxford tour
 - Christmas dinner
 - International tour
 - AGM dinner
- And many, many more!!!!



icsmladieshockey.weebly.com



[@imperial_ladies_medics_hockey](https://www.instagram.com/imperial_ladies_medics_hockey)



CALLING ALL FRESHERS!

WELCOME TO ICSM LIGHT OPERA

**WHETHER YOU'RE INTERESTED IN CAST,
BACKSTAGE, TECH, COSTUMES, OR BAND
- LIGHT OPERA HAS IT ALL!**

**COME AND JOIN US FOR FRESHERS'
FORTNIGHT:**

4th OCTOBER - FRESHERS' FAIR

Come and chat to us!

11th OCTOBER - BIG CHILL

Perform at or simply watch our open mic!

12 OCTOBER - FPRUN

Join us for the epic FPR pub crawl





Get in touch!



@icsmlightopera



**Join our Freshers'
WhatsApp chat**



ICSM FOOTBALL CLUB

ATHLETES, SCHOLARS, GENTLEMEN



All are welcome to trials on Wednesday 4th October

Find us at Fresher's Fair for more information!



CONTACT US AT:

📞 07908121591

📷 @ICSMFC

📘 Search 'ICSMFC'

✉️ el1918@ic.ac.uk

ABOUT US!

We are the Imperial College School of Medicine Men's Football Club, the **largest single-sex club** in the medical school. Our members consist of Medics and Non- Medics alike!

We have **4 11-a side teams**, ranging from a highly competitive 1st XI to a more casual 4th team, all of whom play 2 games a week & training. These are joined by our **5-a-side team**, so there really is opportunity for everyone to play!

We are the **most successful** football club at the College, **winning the past 2 Varsities vs ICUAFC**, and **holding all 3 UH Cups**, the second oldest tournament in the world!

We use **QPR's facilities** to train with our qualified coaches and free minibus travel to each session.

The football club hosts a vast number of socials throughout the year, including **weekly sports nights**, Christmas Dinner, one **International Tour** and one **Domestic Tour** (accompanied by our sister club: **Women's Netball**), alongside many others.

We provide **unparalleled academic support**, providing regular tutorials, mock exams and access to notebanks, all organized by our **designated academic representatives**.

FIND US!

We will be at **Freshers' Fair** on Tuesday 4th October
Trials are being held on Wednesday 5th October

CONTACT US AT:

☎ 07908121591

📷 @ICSMFC

📱 Search 'ICSMFC'

✉ el1918@ic.ac.uk





IMPERIAL MEDICS HOCKEY CLUB



IMPERIAL_MEDICALS_HOCKEY_CLUB



IMPERIAL MEDICALS HOCKEY CLUB



OUR EVENT LINE UP

**TUESDAY 4TH OCTOBER
FRESHER FAIR**

**WEDNESDAY 5TH OCTOBER
FPR RUN**

**WEDNESDAY 12TH OCTOBER
FIRST SPORTS NIGHT**

**WEDNESDAY 5TH OCTOBER
FRESHER TRIAL**

**MONDAY 10TH OCTOBER
FIRST TRAINING SESSION**



FOR QUERIES CONTACT CLUB CAPTAIN AT 07734286013



MEDECINS SANS FRONTIERES
DOCTORS WITHOUT BORDERS

Friends of MSF

IMPERIAL COLLEGE LONDON

At **Friends of MSF**, we support the invaluable emergency medical aid MSF provides globally through fundraising and educating others on the world of humanitarian aid!

MSF's Values:

- *independent*
- *neutral*
- *impartial*

Follow our **social media** if you'd like to:

- learn more about working for MSF and humanitarian aid
- keep up to date with our events like conferences & quiz nights
- take part in our fundraising events like bake sales & FunRuns!

FunRun



speaker events



film nights



@ic.fomsf



@ic_fomsf



@ImperialFoMSF

MSF's Values:

- *independent*
- *neutral*
- *impartial*



MEDECINS SANS FRONTIERES
DOCTORS WITHOUT BORDERS
Friends of MSF
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speaker events



FunRun



film nights



@ic.fomsf



@ic_fomsf



@ImperialFoMSF

WELCOME FRESHERS!

ICSM MUSIC SOCIETY



Join one of the oldest,
largest, and most
wholesome societies in
the medical school!

Choir
Chamber Choir
Orchestra
Jazz Band
Bands

Come find us
at freshers
fair!
4th Oct

And our
freshers
mingle!
9th Oct



Who are we?

Who can join ICSM Music Society?

Every year we welcome *musicians of all abilities*, both medics and non-medics, and, with the exception of chamber choir, there is *no need to audition*.

What events do we hold?

We perform numerous concerts throughout the year at a range of *incredible venues* and events such as:

Singing at the Royal Albert Hall
Jazz Band & Bands gigs at 5-star hotels
Watch some of our performances

here!



Any socials?

Loads! We have a lively social scene with regular post-rehearsal socials, annual weekend away (find out the *mystery location* at freshers' mingle) as well as our biennial international tour!

How do I join?

Join our Music Freshers WhatsApp to keep updated using the QR below

FIRST REHEARSALS

Choir - 10th Oct

Bands - 14th Oct

Orchestra - 11th Oct Jazz Band - 16th Oct

Chamber Choir auditions in second week of Freshers



SCAN ME!



@icsmmusicsoc



ICSM Music Society



@icsmmusicsoc

CONGRATULATIONS & WELCOME FRESHERS!

ICSM Netball

- Weekly training sessions with coaches
- Weekly BUCS and LUSL matches
- 4 competitive teams
- 1 social team

Academic Support

Notebank, tutorials,
mock exams,
resit buddy scheme,
OSCE tutoring

Socials

Sports night, bowling, curries,
Christmas Dinner,
End of Season dinner

Tours

Girls tour, fetball tour



Follow us!



@icsm_netball



@imperialmedicsnetball

Scan the QR code to
join our freshers
whatsapp group!



IMPERIAL COLLEGE

Neuroscience Society



Scan to join our mailing list!



The largest undergraduate
neuroscience organisation in
London

ARE YOU PASSIONATE
ABOUT NEUROSCIENCE AND
WANT TO ENGAGE WITH THE
LATEST DEVELOPMENTS IN
THE FIELD?

Tune in with us for our upcoming
events:

- Speaker Series
- Meeting of the Minds
Conference
- Journal Club
- Live Brain
Dissections
- Volunteer Scheme
- Neurosurgery
Weekend
- Neuro-anatomy
Course
- ...and more!!



@ICNeuroSoc



@icneurosoc



@ICNeuroSoc



Imperial
nutritank.
Branch

*Love **food**?*

*Interested in **nutrition**?*

*Want to impress your friends with your **cooking** skills?*

JOIN IMPERIAL NUTRITANK SOCIETY!

Imperial Nutritank Society, part of the National Nutritank Organisation, empowers medical students to engage with nutrition and lifestyle medicine.

Get **FREE membership** to see what all the nutrition excitement is about!

N4Y
VOLUNTEERING

FREE FOOD

CHARITY BAKE
SALES

CULTURAL
POTLUCKS

NUTRITIONAL
TALKS &
WORKSHOPS



**GET FREE
MEMBERSHIP**



**FOLLOW OUR INSTA
@ImperialNutritank**



**SIGN UP TO OUR
MAILING LIST**

HUNGRY TO TEACH?

BECOME A N4Y VOLUNTEER!

Imperial Nutrition4Youngsters (N4Y) is a scheme that allows trained Imperial students to volunteer at primary schools and teach children about the importance of nutrition and healthier eating through educational, interactive sessions!

Why should you join?

- Looks great on your CV
- Work with children to engage their interest in the importance of health and nutrition
- Very rewarding!
- Low commitment - join us as frequently as you want!
- A fantastic learning experience and way to develop teaching and communication skills
- Opportunity to gain a leadership position on our N4Y subcommittee
- Become part of our inclusive, amazing community and make life-long friends!



**SCAN THE QR CODE TO
JOIN THE IMPERIAL N4Y
VOLUNTEERS CHAT!**





Imperial College School of Medicine Obstetrics and Gynaecology Society

Welcome to ICOGS!

Our society looks to act as a bridging body to help you with all things O&G related throughout your medical journey here at Imperial.

Whether that's simply an introduction to the specialty or academic support, we hope to continue providing support and fantastic opportunities to all of our members.

So why should you join us?

**TALKS AND
SEMINARS**

**MOCK PACES
& TUTORIALS**

**ANNUAL
CONFERENCE**

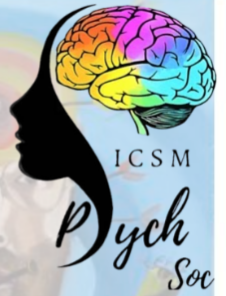
**BSC
SUPPORT**

Scan for our socials



and for membership!

Psychiatry Society



Interested in learning about one
of the most **unique** and **diverse**

fields in Medicine?

Join us for our:



Speaker talks
& conferences



Revision tutorials
and Psych mentoring



Charity events

**AND
More**

Remember over 1 in 4 of us will experience
mental illness

Learn more about them with us

ICSM **RADIOLOGY** **SOCIETY**

WHAT TO EXPECT FROM US THIS YEAR:

- MENTORSHIP SCHEME TO GET CONNECTED WITH WORKING RADIOLOGISTS**
- TEACHING SERIES TO BOOST KNOWLEDGE + CONFIDENCE, AND SCORE HIGHER IN ANATOMY EXAMS, CPA, OSCE AND PACES**
- MOCK EXAM PAPERS TO CONSOLIDATE UNDERSTANDING**
- ANNUAL CONFERENCE WITH CAREER TALKS INVOLVING INTERVENTIONAL AND DIAGNOSTIC RADIOLOGY**

**MEMBERSHIP IS FREE SO
SIGN UP TODAY!**

[HTTPS://WWW.IMPERIALCOLLEGEUNION.ORG/ACTIVITIES/A-TO-Z/RADIOLOGY-SOCIETY](https://www.imperialcollegeunion.org/activities/a-to-z/radiology-society)



WELCOME TO IMPERIAL MEDICALS RFC

**OPEN TO ALL COURSES
AND ANY ABILITY**



About us:

Founded from three greatly successful hospital rugby clubs, IMRFC has a long history of winning, that dates back to 1865. This makes us the most successful rugby club amongst all London medical schools, as record winners of the United Hospitals Cup (the oldest rugby competition in the world)

So whether you're looking to earn your spot in our competitive 1st XV, or a relaxed game for the 3rd XV is more your cup of tea, our club offers opportunities for all levels of rugby.

**Feel free to message us at
@imrfc on Instagram**

About us:

Apart from UH and BUCS leagues we have also retained the Imperial Varsity trophy for the last 3 years after some fiercely contested matches. Proving we are the best team at Imperial.

We too have boys studying a wide range of degrees, from medicine to aeronautical engineering and chemistry we have it all!

What we have to offer:

- **International Tours**
- **Domestic Tours (including our Cornwall tour, the longest running annual sports tour in the world)**
- **Academic Support (mocks, tutoring...)**
- **Welfare Support from our dedicated Welfare representative**
- **Weekly Socials (whether it be involving alcohol or not)**
- **Mixed Socials with other sports teams**
- **Amazing selection of stash**
- **Strength and Conditioning training**
- **1 on 1 Skill sessions**
- **Team Trainings (Sundays and Mondays)**
- **Gym Buddy Scheme**

Make sure to pay us a visit at freshers fair to talk to some of the boys and get a head start on training and social info. Everyone is welcome to our preseason trainings often followed by a BBQ and a couple of cold ones.

IMFTC

Every day young lives are wrecked by violence on our streets, and the pandemic has made things far worse.

Become part of a national movement of healthcare students empowering young people affected by violence with lifesaving first aid.

Have a real impact on the lives of young people at risk in your local community.

Gain a range of skills to become a better healthcare professional.



Your StreetDoctors team needs you now!

 **STREETDOCTORS**

Get involved now

Email us:

westlondon@streetdoctors.org

Meet us at:

Fresher's Fair Tuesday 4th October 2022

or DM us on social media:

@streetdoctorswestlondon



“

Meeting these incredible young people and teaching them lifesaving skills is one of the most worthwhile, humbling and empowering activities I have done in my life.

”

Follow **@streetdoctors**



Charity number: 1150925

www.streetdoctors.org

Welcome to ICSM's **SURGICAL SOCIETY**



We're a society for people that live and breathe surgery, for people who want to know more about surgery and for everyone else.

**CHECK OUT SOME OF THE MANY
EVENTS WE'RE RUNNING THIS YEAR...**



@surgsocjas

ONLINE

JUNIOR ANATOMY SERIES

This is a series of anatomy tutorials delivered by older years to guide you through tricky anatomy topics. The tutorials include practice questions to prepare you for exams. We also hold mock exams closer to summative exams.

IN-PERSON



BATTLE OF THE SPECIALTIES: SURGICAL SOCIETY INAUGURAL EVENT

Surgical Society kicks off the year with this traditional event. This year we're adding a twist and getting the specialties to battle it out with a vote at the end in different categories. Come in-person to SAF for an evening of fun, food and friends. *Date TBC - stay updated via our insta.*

ONLINE



INTRO TO SURGERY

As an event geared to introduce younger years to surgery, we go through all the basics of how to make the most out of your placements and what a career in surgery involves. We will also take you through the nitty-gritty of how to ace a surgical portfolio. You may think it's too early to this about this, but it's also a great chance to meet others interested in a career in surgery. *Date TBC - stay updated via our insta.*

IN-PERSON



FOUNDATION SKILLS IN SURGERY (FSS)

Have you always been fascinated by the precision and technical skills possessed by surgeons? Have you dreamt being a surgeon yourself? Take the first step by coming to our Foundation Skills in Surgery skills day where we teach you all the basic surgical skills. You can then practice at home and impress everyone on placement! *Date TBC - stay updated via our Insta.*

IN-PERSON



INTERNATIONAL TRAUMA CONFERENCE 2022

Surgical Society's flagship event happens every year in November. This year's theme will be "Trauma Across Borders", quite in keeping with recent events. We hope to host over 250 delegates this year with a selection of impressive speakers and workshops. *Follow our Instagram to catch earlybird ticket sales.*

@icsmsurgsoc

ICSM TENNIS

Welcome to the BEST Club in ICSM!!

WEEKLY SESSIONS FOR ALL LEVELS



1st and 2nd Team Tennis

Matches and training for competitive + intermediate players



Social

Fun + relaxed sessions for players of any ability!

THE BEST SOCIALS

- International and Domestic Tours
- Reynolds Sports Nights
- Bowling, minigolf, ping pong + more



ICSM Club of the Year 21/22

We are open to all courses and abilities!!

ICSM TENNIS



1st Team

If you are looking to compete, our 1st team trains twice weekly at a local tennis club (membership to club included) and plays matches in London Universities Sports League (LUSL) and United Hospitals (UH)!



2nd Team

If you are looking to improve your game and have some competition on the side, our 2nd team trains twice weekly at a local tennis club (membership to club included) and play matches in London Universities Sports League (LUSL)!



Social

If you want to pick up a new sport or have a casual hit, come along to our relaxed social sessions at a local tennis club where some of our LTA registered committee and team members will be helping you!

SOCIALS

Our lively socials include boozy bowling, sports nights and dinners which have taken us to some impressive places like:

- The Queen's Club
- The All England Lawn Tennis Club (Wimbledon)
- The Royal Air Force Club

TOURS

Our tours are always the most fun, taking us to some incredible international destinations such as Portugal!

TRIALS & TASTERS

Stayed tuned and follow us on social media for updates!



ICSM Lawn Tennis Club



@icsmtennis



medten@ic.ac.uk



SCAN ME

ICSM — VISION —

**Are you interested in Outreach
events for future medics?**

ICSMSU Vision is an **outreach** society that aims to help school students who are academically able and enthusiastic about medicine, but lacking in support and advice on the admissions process from their schools. We run **three large annual conferences** for school students and a series of **small events and school visits**.



To Hear More:

Sign up for our **mailing list** here to hear more about upcoming events and volunteer opportunities!



Contact us!



ICSM Vision



icsm_vision



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**IF YOU LIKE WEARING
SPEEDOS. . . OR LOOKING
AT THOSE
THAT DO**



ICSM WATER POLO

Training Catered to All Abilities

**2 Competitive Mixed LUSL Teams + NEW for this
year Women's Team**

**Weekly Nights Out, Events, and Post-training Socials
AND 2 Tours**



Playing in LUSL, with 2 Mixed Gender Teams + 1 Women's Team

Matches every week, coached training up to 3x per week



Home games and Training held at Ethos, South Kensington

Weekly socials @ Sports Night + events throughout the year



2x Tours - 1 Domestic and 1 INTERNATIONAL TOUR

**Come find us at the Freshers Fair!
Follow our Insta @icsmwaterpolo**



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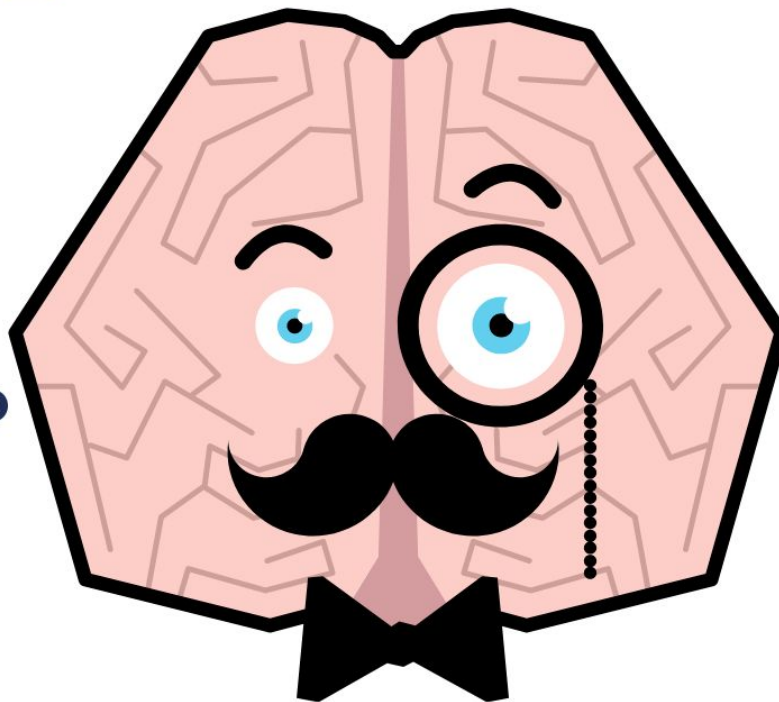
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